

IV Duathlon w Woli Gułowskiej



Organizator: Gmina Adamów, Dom Kultury Pomnik Czynu Bojowego Kleeberczyków w Woli Gułowskiej, Klub Biegacza V-Max Adamów

Data: 12.04.2025r.

Dystans: Duathlon

Miejscowość: Wola Gułowska

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Msc K/M	Kat	Msc Kat	Bieg1	msc	T1	Rower	msc	T2	Bieg2	msc	Wynik	Kara
1	63	Popławski Jan	Warszawa	Relentless Team	M	1	M2	1	00:16:08	1	00:00:37	00:27:51	1	00:00:39	00:09:15	1	00:54:30	00:00:00
2	55	Młodzikowski Paweł	Adamów	Relentless	M	2	M2	2	00:16:29	2	00:00:42	00:28:32	3	00:00:43	00:09:52	7	00:56:18	00:00:00
3	32	Kałodowski Łukasz	Warszawa	SMARTENDU	M	3	M2	3	00:18:11	7	00:00:55	00:28:45	4	00:00:43	00:09:28	2	00:58:02	00:00:00
4	3	Biernacki Łukasz	Garwolin	Victus Rębków/Relentless Tri Team	M	4	M2	4	00:17:21	3	00:00:54	00:29:39	5	00:00:46	00:09:50	6	00:58:30	00:00:00
5	75	Starzyński Adam	Nieporęt	STARZYNSKI.COACH	M	5	M3	1	00:19:05	17	00:00:41	00:28:18	2	00:00:44	00:10:24	12	00:59:12	00:00:00
6	56	Mosćcicki-Zanchi (Zanki) Patryk	Warszawa	UKS G-8 BIELANY WARSZAWA	M	6	M1	1	00:17:47	5	00:00:39	00:30:56	11	00:00:42	00:09:40	4	00:59:44	00:00:00
7	85	ZAREBA Łukasz	Rzeszów		M	7	M1	2	00:17:38	4	00:00:42	00:31:38	19	00:00:42	00:09:29	3	01:00:09	00:00:00
8	49	Łoiński Andrzej	Krasnystaw	Ruch Izbica/Szymanowski Triathlon Team	M	8	M3	2	00:18:10	6	00:00:48	00:30:57	13	00:00:46	00:09:41	5	01:00:22	00:00:00
9	8	Borycki Marcin	Kosakowo	Dawaj Kalach Team	M	9	M4	1	00:18:36	10	00:00:53	00:30:18	7	00:00:53	00:10:08	8	01:00:48	00:00:00
10	43	Krawczuk Piotr	Toruń	Triathlon Konsulting	M	10	M3	3	00:18:12	8	00:00:47	00:31:11	14	00:00:55	00:10:10	9	01:01:15	00:00:00
11	35	Kępka Marcin	Lublin	MROZEK TRI TEAM	M	11	M2	5	00:19:09	19	00:00:43	00:30:21	8	00:00:44	00:10:21	11	01:01:18	00:00:00
12	69	Sawicki Michał	Stara Iwiczna	Wataha CC	M	12	M3	4	00:18:45	12	00:01:08	00:30:16	6	00:01:05	00:10:44	21	01:01:58	00:00:00
13	52	Marciniak Piotr	Warszawa		M	13	M1	3	00:18:46	13	00:00:45	00:31:19	15	00:00:54	00:10:31	14	01:02:24	00:00:00
14	27	Jakubowski Tomasz	Augustów	Dawaj Kalach Team	M	14	M1	4	00:19:35	21	00:00:47	00:30:56	11	00:00:46	00:10:33	15	01:02:37	00:00:00
15	88	Wołos Ewelina	Warszawa	Tri Wawa	K	1	K2	1	00:19:03	16	00:01:13	00:30:50	9	00:01:27	00:10:40	18	01:03:13	00:00:00
16	86	Matysiak Robert	Mazańcowice	Power off Science	M	15	M3	5	00:19:51	23	00:01:04	00:30:54	10	00:00:53	00:10:38	17	01:03:20	00:00:00
17	28	Jaszczyszyn Bartłomiej	Warszawa	IM Inspiration	M	16	M2	6	00:19:05	17	00:00:59	00:32:27	27	00:00:52	00:10:14	10	01:03:37	00:00:00
18	6	Blicharz Paweł	Radzyń Podlaski		M	17	M3	6	00:18:55	14	00:01:09	00:31:58	20	00:01:04	00:10:42	20	01:03:48	00:00:00
19	47	Lesniak Grzegorz	Włodawa	Relentless Tri Team	M	18	M4	2	00:19:59	26	00:01:03	00:31:37	18	00:01:03	00:11:15	28	01:04:57	00:00:00
20	20	Garbiec Tomasz	Warszawa	Parafia Św.Marek Wawa Targówek	M	19	M4	3	00:20:23	32	00:00:48	00:31:21	16	00:00:46	00:11:50	38	01:05:08	00:00:00
21	11	Bujko Tomasz Bujko	Wielgolas	BujeczkoTeam	M	20	M3	7	00:20:12	28	00:00:59	00:31:34	17	00:01:13	00:11:30	34	01:05:28	00:00:00
22	18	Fabiszewski Marcin	Warszawa	Relentless TriWawa	M	21	M3	8	00:18:33	9	00:00:53	00:32:11	23	00:00:53	00:13:14	53	01:05:44	00:00:00
23	60	Pawłowski Karol	Wiązowna	STARZYNSKI.COACH	M	22	M2	7	00:20:46	38	00:00:45	00:32:06	22	00:00:46	00:11:25	31	01:05:48	00:00:00
24	90	Mróz Michał	Warszawa		M	23	M1	5	00:19:53	24	00:01:16	00:32:17	25	00:01:25	00:11:25	31	01:06:16	00:00:00
25	82	Wiatr Michał	Konstancin-Jeziorna	Softtutor Team	M	24	M3	9	00:19:46	22	00:00:49	00:33:34	30	00:01:06	00:11:03	23	01:06:18	00:00:00
26	53	Melchior Marcin	Radzyń Podlaski		M	25	M4	4	00:20:37	36	00:01:03	00:32:57	28	00:01:06	00:11:19	29	01:07:02	00:00:00
27	1	Banasiewicz Marcin	Marki	Relentless	M	26	M3	10	00:20:12	28	00:03:10	00:32:02	21	00:01:03	00:10:54	22	01:07:21	00:00:00
28	24	Górnicki Grzegorz	Wieliszew	WIRUJĄCE KORBY	M	27	M2	8	00:21:24	41	00:00:46	00:33:27	29	00:00:39	00:11:11	26	01:07:27	00:00:00
29	14	Czerwiński Marcin	Skrzeszew	WIRUJĄCE KORBY	M	28	M2	9	00:20:04	27	00:01:06	00:34:28	35	00:00:46	00:11:09	25	01:07:33	00:00:00
30	16	Dzięcielski Jan	Mińsk Mazowiecki	DTZ	M	29	M1	6	00:18:56	15	00:01:30	00:35:40	40	00:01:22	00:10:40	18	01:08:08	00:00:00
31	17	Dzięcielski Łukasz	Mińsk Mazowiecki	DTZ	M	29	M3	11	00:19:14	20	00:01:33	00:34:22	33	00:01:51	00:11:08	24	01:08:08	00:00:00
32	57	Niedziółka Aleksander	siedlce		M	31	M1	7	00:20:31	33	00:00:56	00:34:23	34	00:00:55	00:11:31	35	01:08:16	00:00:00
33	72	Sobczak Marcin	Józefów	TriWawa	M	32	M3	12	00:20:17	31	00:00:50	00:34:13	32	00:00:57	00:12:35	47	01:08:52	00:00:00
34	74	Staniszewski Mateusz	Gniezno		M	33	M2	10	00:18:39	11	00:01:07	00:37:42	51	00:00:59	00:10:34	16	01:09:01	00:00:00
35	66	Rolski Remigiusz	Burkatów		M	34	M4	5	00:21:38	42	00:00:51	00:34:02		00:00:57	00:11:51	39	01:09:19	00:00:00
36	38	Kluska Piotr	Warszawa	Relentless Triathlon Team	M	35	M4	6	00:20:53	39	00:00:52	00:34:44		00:00:58	00:11:58	41	01:09:25	00:00:00
37	61	Pomorska Joanna	Warszawa	Dawaj Kalach Team	K	2	K3	1	00:20:41	37	00:01:04	00:35:30	39	00:01:07	00:11:13	27	01:09:35	00:00:00
38	23	Górnicki Łukasz	STYRZYNIC	Dawaj Kalach Team	M	36	M3	13	00:21:39	43	00:01:47	00:32:25	26	00:02:03	00:11:53	40	01:09:47	00:00:00
39	44	Krawczyk Bartosz	Lublin		M	37	M2	11	00:19:56	25	00:01:14	00:35:02		00:01:19	00:12:18	44	01:09:49	00:00:00
40	87	Biernacki Tomasz	Nowy Puźnów	Victus Rębków	M	38	M3	14	00:21:19	40	00:00:59	00:35:08	38	00:01:03	00:11:22	30	01:09:51	00:00:00
41	62	Popławska Kamila	Ostrowiec	Relentless	K	3	K1	1	00:21:41	45	00:00:59	00:34:54	37	00:00:48	00:12:07	42	01:10:29	00:00:00
42	71	Semeniuk Paweł	Włodawa	GKK Peleton Okszów	M	39	M3	15	00:22:21	48	00:01:28	00:32:11	23	00:01:24	00:13:11	52	01:10:35	00:00:00
43	39	Koczara Mikołaj	Warszawa	Relentless Team	M	40	M2	12	00:21:40	44	00:01:08	00:34:52	36	00:01:04	00:12:08	43	01:10:52	00:00:00
44	78	Szewczyk Mateusz	Warszawa	Sushi TEAM	M	41	M2	13	00:20:16	30	00:01:46	00:36:11	42	00:01:12	00:11:29	33	01:10:54	00:00:00
45	70	Sekula Marcin	Lublin	Lubelska Grupa Triathlonu	M	42	M3	16	00:22:46	51	00:00:52	00:34:00	31	00:01:10	00:13:01	50	01:11:49	00:00:00
46	29	Jaworski Piotr	Adamów	V-Max Adamów	M	43	M3	17	00:21:51	46	00:00:55	00:37:09		00:01:01	00:12:22	45	01:13:18	00:00:00
47	59	Ostrowski Adam	Jakubów	DTZ	M	44	M3	18	00:20:32	34	00:01:44	00:38:08	53	00:01:41	00:11:41	37	01:13:46	00:00:00
48	12	Chróst Marcin	Mińsk Mazowiecki	DTZ	M	45	M3	19	00:20:32	34	00:01:35	00:39:41	59	00:01:00	00:11:33	36	01:14:21	00:00:00
49	21	GOLBA Anna	Adamów	Relentless	K	4	K3	2	00:22:45	50	00:01:15	00:36:44	44	00:01:10	00:12:34	46	01:14:28	00:00:00
50	76	Stupka Piotr	Włodawa	Relentless Triathlon Team	M	46	M4	7	00:23:04	52	00:01:43	00:35:24		00:01:46	00:12:47	49	01:14:44	00:00:00
51	84	Wójcik Michał	Lipso	TRI AMO	M	47	M3	20	00:23:43	56					00:13:09	51	01:15:08	00:00:00
52	30	Kabot Rafał	Warka	KS START PUŁASKI	M	48	M1	8	00:21:55	47	00:01:14	00:36:51	46	00:02:25	00:13:19	54	01:15:44	00:00:00
53	13	Chutny Artur	Łuków		M	49	M4	8	00:23:26	54	00:00:53	00:36:48	45	00:01:07	00:13:52	59	01:16:06	00:00:00
54	67	Roszkowski Piotr	Warszawa	Reletless Triathlon team	M	50	M2	14	00:22:25	49	00:01:35	00:38:38	55		00:16:28		01:16:12	00:00:00
55	51	Marciniak Dorota	Warszawa		K	5	K1	2	00:24:09	57	00:01:29	00:36:39	43	00:01:34	00:12:36	48	01:16:27	00:00:00
56	80	Trocewicz Jacek	Biała Podlaska	Relentless tri team	M	51	M3	21	00:23:35	55	00:01:05	00:37:37	50	00:01:09	00:13:22	55	01:16:48	00:00:00
57	19	Galewicz Ewa Galewicz	Warszawa	Relentless	K	6	K2	2	00:24:10	59	00:01:12	00:36:57	48	00:01:18	00:13:25	57	01:17:02	00:00:00
58	77	Szczański Marcin	Jakubów		M	52	M2	15	00:24:21	61	00:01:29	00:36:53	47	00:01:33	00:13:22	55	01:17:38	00:00:00
59	41	Kostka Andrzej	Chotomów	WIRUJĄCE KORBY	M	53	M2	16	00:25:05	64	00:01:26	00:35:50	41	00:01:30	00:14:31		01:18:22	00:00:00
60	9	Brułńska Monika	Płock	PTT DELTA PŁOCK	K	7	K3	3	00:24:09	57	00:40:27						01:18:48	00:00:00
61	4	Bijak Stanisław	Kraśnik	Szczęśliwy Emeryt	M	54	M5	1	00:23:21	53	00:01:05	00:41:57	67	00:01:14	00:12:35	47	01:20:12	00:00:00
62	54	Mikołajczuk Jarosław	Międzyrzec Podlaski	Tri Międzyrzec Podlaski	M	55	M4	9	00:24:11	60	00:01:12	00:40:12	62	00:01:17	00:13:24	56	01:20:16	00:00:00
63	31	Kaliszuk Łukasz	Różanka	Ośrodek Wypoczynkowy Eko-Różanka w Okunince	M	56	M1	9	00:24:53	63	00:00:56	00:41:32	65	00:00:51	00:13:25	57	01:21:37	00:00:00

64	22	Górac Weronika	Józefów		K	8	K1	3	00:25:58	65	00:01:39	00:39:48	60	00:01:20	00:13:52	59	01:22:37	00:00:00
65	7	Bogusiak Łukasz	Łódź	Dawaj Kalach Team	M	57	M3	22	00:26:49	69	00:01:42	00:37:29	49	00:02:56	00:13:42	58	01:22:38	00:00:00
66	50	Marcinek Krzysztof	Lublin	PZU Sport Team	M	58	M3	23	00:26:10	66	00:01:15	00:39:39	58	00:01:21	00:14:20	61	01:22:45	00:00:00
67	42	Kostrzon Maciej	Pionki	Sfora BMK	M	59	M4	10	00:24:50	62	00:01:29	00:41:39	66	00:00:57	00:14:06	60	01:23:01	00:00:00
68	45	Kroszkin Aleksander	Warszawa	TRICLUB	M	60	M4	11	00:26:10	66	00:02:18	00:38:29	54	00:02:14	00:14:36	63	01:23:47	00:00:00
69	25	Hetman Łukasz	Radzyń Podlaski	Relentless	M	61	M2	17	00:27:10	70	00:01:19	00:38:06	52	00:02:06	00:15:26	66	01:24:07	00:00:00
70	40	Konopka Piotr	Lublin	Lubelska Grupa Triathlonu	M	62	M3	24	00:26:12	68	00:01:37	00:40:29	63	00:01:32	00:14:27	62	01:24:17	00:00:00
71	65	Przech-Fus Agnieszka	Lublin	Mrozek Tri Team/UMCS biega	K	9	K4	1	00:28:27	76	00:01:05	00:39:16	57	00:01:05	00:15:13	65	01:25:06	00:00:00
72	73	sobczak Pawel	Warszawa		M	63	M5	2	00:27:44	74	00:01:34	00:38:54	56	00:01:56	00:15:38	67	01:25:46	00:00:00

Swim distance (number of laps): 5km (1laps)

Bike distance (number of laps): 20km (2 laps)

Run distance (number of laps): 2,5km (1 laps)

Air Temperature:

Water Temperature:

Head Referee:

IV Duathlon w Woli Gułowskiej

Organizator: Gmina Adamów, Dom Kultury Pomnik Czynu Bojowego Kleeberczyków w Woli Gułowskiej, Klub Biegacza V-Max Adamów

Data: 12.04.2025r.

Dystans: Duathlon

Miejscowość: Wola Gułowska



Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Płeć	Msc K/M	Kat	Msc Kat	Bieg1	msc	T1	Rower	msc	T2	Bieg2	msc	Wynik	Kara
73	58	Obel Marcin	Lublin	Lubelska Grupa Triathlonu	M	64	M4	12	00:27:12	72	00:01:44	00:40:51	64	00:02:10	00:15:07	64	01:27:04	00:00:00
74	5	Birkowski Mariusz	Radom		M	65	M3	25	00:27:11	71	00:01:43				00:15:43	68	01:28:33	00:00:00
75	89	Celej Jarosław	Latowicz	Shusi Team	M	66	M4	13	00:29:19	77	00:01:54	00:40:07	61	00:01:37	00:18:21	70	01:31:18	00:00:00
76	33	Kawalec Kamil	Lublin	7 Piwek Górnik Lublin	M	67	M3	26	00:28:11	75	00:00:48	00:45:08	68	00:01:03	00:18:33	71	01:33:43	00:00:00
77	26	Izdebska Renata	Lublin		K	10	K5	1	00:31:55	78	00:01:16	00:46:24	69	00:01:01	00:16:42	69	01:37:18	00:00:00
78	48	Leszczyński Jan	Siemiatycze	FC Barcelona	M	68	M1	10	00:27:31	73	00:01:54	00:54:40	70	00:01:21	00:16:16	68	01:41:42	00:00:00

Head Referee:

Swim distance (number of laps): 5km (1laps)

Bike distance (number of laps): 20km (2 laps)

Run distance (number of laps): 2,5km (1 laps)

Air Temperature:

Water Temperature: