

V Duathlon w Woli Gulowskiej

Organizator: Gmina Adamów, Klub Biegacza V-Max Adamów, Dom Kultury-Pomnik Czynu Bojowego Kleeberczyków w Woli Gulowskiej

Data: 25.04.2026 r.

Dystans: Sprint

Miejscowość: Wola Gulowska

Msc.	Nr	Nazwisko Imię	Miasto	Team	Plec	Msc Plec	Kat	Msc Kat	Bieg1	msc Bieg1	T1	Rowler	msc Rower	T2	Bieg2	msc Bieg2	Wynik	Kara	Strata	Punkty
1	7	Bogus Karol	Marki		M	1	M6	1	00:17:45	2	00:00:50	00:28:05	1	00:00:51	00:08:58	3	00:56:29	00:00:00	00:00:00	4800,00
2	27	Górny Mikołaj	Turka	RELENTLESS M		2	M2	1	00:17:40	1	00:00:41	00:29:28	2	00:00:48	00:08:34	1	00:57:11	00:00:00	00:00:42	4758,00
3	35	Kepka Marcin	Lublin	Mrozek TR M		3	M5	1	00:19:11	5	00:00:41	00:29:38	3	00:00:43	00:09:32	7	00:59:45	00:00:00	00:03:16	4604,00
4	81	Szymanowski Przen Starachow	SZYMANO'		M	4	M6	2	00:18:07	3	00:00:49	00:31:58	8	00:00:41	00:09:29	6	01:00:15	00:00:00	00:03:46	4574,00
5	48	Łoisiński Andrzej	Krasnystaw	Ruch Izbici		5	M7	1	00:18:56	4	00:00:54	00:32:04	9	00:00:50	00:09:20	5	01:02:04	00:00:00	00:05:35	4465,00
6	78	Szelc Mikołaj	Łomianki	Ł Trinergy		6	M8	1	00:19:11	5	00:01:11	00:31:47	7	00:01:03	00:09:12	4	01:02:24	00:00:00	00:05:55	4445,00
7	80	Szklarczyk Michał	Warszawa	DawajKala		7	M5	2	00:20:54	23	00:00:52	00:30:05	4	00:00:47	00:10:03	15	01:02:41	00:00:00	00:06:12	4428,00
8	76	Stańczak Bartosz	Warszawa	Mamut Cai		8	M7	2	00:20:26	15	00:00:54	00:30:43	5	00:00:49	00:10:38	24	01:03:30	00:00:00	00:07:01	4379,00
9	59	Niedźwiadek Andrzej	Lublin	Lubelska G		9	M6	3	00:19:28	8	00:00:56	00:33:26	18	00:00:58	00:08:47	2	01:03:35	00:00:00	00:07:06	4374,00
10	91	Matysiak Robert	Mazańcow	Power of S		10	M8	2	00:21:27	32	00:01:09	00:31:12	6	00:00:51	00:10:29	23	01:05:08	00:00:00	00:08:39	4281,00
11	13	Duban Aleksandra	Janki	KU AZS UW		1	K2	1	00:19:38	10	00:00:40	00:34:41	35	00:00:39	00:09:34	8	01:05:12	00:00:00	00:08:43	4277,00
12	11	Czemerys Piotr	Siennica N.	Ruch Izbici		11	M6	4	00:19:29	9	00:00:46	00:34:23	29	00:00:53	00:09:51	11	01:05:22	00:00:00	00:08:53	4263,00
13	17	Dziubak Piotr	Sobolew	4 Pulk Sapi		12	M4	1	00:19:58	12	00:00:54	00:33:56	24	00:00:51	00:09:47	9	01:05:26	00:00:00	00:08:57	4263,00
14	87	Wojcik Adam	Lublin	TRIATHLET M		13	M7	3	00:20:51	22	00:00:53	00:33:24	17	00:00:47	00:09:48	10	01:05:43	00:00:00	00:09:14	4246,00
15	64	Piwoński Rafał	Naleczów	Relentless M		14	M5	3	00:19:59	13	00:01:18	00:33:12	13	00:01:09	00:10:13	19	01:05:51	00:00:00	00:09:22	4238,00
16	2	Banasiewicz Marcin	Warszawa			15	M7	4	00:21:06	29	00:01:02	00:32:35	11	00:01:01	00:10:38	24	01:06:22	00:00:00	00:09:53	4207,00
17	22	Gągała Karol	Serokomla	V-Max Ada		16	M5	4									01:06:30	00:00:00	00:10:01	4199,00
18	10	Chudziński Jakub	Chur Przemysł	Coast Fit		17	M5	5	00:19:57	11	00:01:03	00:34:55	36	00:00:49	00:09:52	12	01:06:36	00:00:00	00:10:07	4193,00
19	71	Ruszkowski Wiktor	Warszawa	Dawaj Kala		17	M6	5	00:20:56	24	00:01:08	00:33:32	19	00:01:05	00:09:55	13	01:06:36	00:00:00	00:10:07	4193,00
20	26	Górnjak Łukasz	Styrzynieć	Dawaj Kala		19	M7	5	00:21:10	30	00:01:32	00:32:17	10	00:01:01	00:10:46	28	01:06:46	00:00:00	00:10:17	4183,00
21	34	Kabot Rafał	Warka	Triathletic M		20	M3	1	00:21:01	25	00:01:02	00:33:22	16	00:00:48	00:10:47	29	01:07:00	00:00:00	00:10:31	4169,00
22	15	Dzięcielski Jan	MIŃSK MA	DTZ		21	M1	1	00:20:39	18	00:01:13	00:33:56	24	00:01:11	00:10:03	15	01:07:02	00:00:00	00:10:33	4167,00
23	23	Gabciec Tomasz	Warszawa	Parafia Św. M		22	M8	3	00:21:28	33	00:00:50	00:32:58	12	00:00:54	00:10:58	34	01:07:08	00:00:00	00:10:39	4161,00
24	69	Rdułtowski Janusz	Kozienice	Relentless M		23	M5	6	00:20:28	17	00:01:28	00:33:21	15	00:01:28	00:10:43	27	01:07:28	00:00:00	00:10:59	4141,00
25	42	Kropiewnicka Agnieszka	Warszawa			2	K6	1	00:21:04	27	00:00:49	00:34:14	27	00:00:49	00:10:47	29	01:07:43	00:00:00	00:11:14	4126,00
26	18	Dziura Tomasz	Wolomin	SOP		24	M7	6	00:21:35	34	00:01:01	00:33:55	23	00:00:45	00:11:03	37	01:08:19	00:00:00	00:11:50	4090,00
27	57	Niedziółka Aleksandra	Siedlce	Triathletic M		25	M1	2	00:20:05	14	00:00:53	00:36:06	43	00:01:09	00:10:10	17	01:08:23	00:00:00	00:11:54	4086,00
28	85	Wasilewski Mariusz	Warka	KS Start Pu		26	M7	7	00:21:37	35	00:01:04	00:33:14	14	00:01:05	00:11:30	44	01:08:30	00:00:00	00:12:01	4079,00
29	16	Dzięcielski Łukasz	Minsk Maz	DTZ		27	M7	8	00:20:26	15	00:01:22	00:35:12	39	00:01:20	00:10:13	19	01:08:33	00:00:00	00:12:04	4076,00
30	70	Roszkowski Piotr	Warszawa			28	M5	7	00:21:42	36	00:01:08	00:33:58	26	00:01:02	00:10:51	32	01:08:41	00:00:00	00:12:12	4068,00
31	3	Bator Krystian	Pionki	Sport2free M		29	M7	9	00:21:43	37	00:00:49	00:34:30	32	00:00:42	00:10:58	34	01:08:42	00:00:00	00:12:13	4067,00
32	45	Kuźdub Robert	Przysucha			29	M4	2	00:19:26	7	00:01:01	00:37:18	51	00:00:47	00:10:10	17	01:08:42	00:00:00	00:12:13	4067,00
33	77	Sygula Mateusz	Warszawa	Kolarskie		31	M7	10	00:20:43	21	00:00:58	00:35:05	38	00:01:07	00:11:00	36	01:08:53	00:00:00	00:12:24	4056,00
34	65	Podziwiewski Sebastian	Biała Podlaska			32	M7	11	00:22:26	41	00:01:04	00:33:51	21	00:00:58	00:11:09	39	01:09:28	00:00:00	00:12:59	4021,00
35	67	Popławski Kamila	Ostrówiec	Relentless		3	K3	1	00:22:17	40	00:01:00	00:34:55	36	00:00:49	00:11:07	38	01:10:08	00:00:00	00:13:39	3981,00
36	21	Gabler Grzegorz	Warka	IM Inspirat		33	M5	8									01:10:19	00:00:00	00:13:50	3970,00
37	84	Waraska Eugeniusz	Łomianki	Smartendi		34	M6	6	00:23:42	52	00:01:01	00:33:35	20	00:00:57	00:11:09	39	01:10:24	00:00:00	00:13:55	3965,00
38	1	Antonuk Marcin	Warszawa	SAGE EKSP		35	M8	4	00:22:39	43	00:01:06	00:34:17	28	00:00:56	00:11:27	43	01:10:25	00:00:00	00:13:56	3964,00
39	83	Wakula Marek	Wai Siedlce	TSC		36	M8	5	00:21:01	25	00:01:17	00:36:21	45	00:01:09	00:10:48	31	01:10:36	00:00:00	00:14:07	3953,00
40	37	Koczara Mikołaj	Warszawa	Relentless M		37	M5	9	00:21:48	38	00:01:10	00:34:27	30	00:01:09	00:12:08	52	01:10:42	00:00:00	00:14:13	3947,00
41	89	Zubik Michał	Lublin			38	M8	6	00:21:05	28	00:01:16	00:36:34	46	00:01:08	00:11:11	41	01:11:14	00:00:00	00:14:45	3915,00
42	73	RYCHLIK Grzegorz	Międzyrzec Podlaski			39	M7	12	00:22:04	39	00:01:29	00:36:39	47	00:01:09	00:10:21	22	01:11:42	00:00:00	00:15:13	3887,00
43	46	LESNIAK Grzegorz	Włodawa	Relentless M		40	M8	7	00:23:07	48	00:01:32	00:34:39	34	00:01:03	00:11:40	45	01:12:01	00:00:00	00:15:32	3868,00
44	47	Łęcki Tomasz	Warszawa	TM IRON Te		41	M8	8	00:21:30	46	00:01:30	00:34:29	31	00:01:10	00:12:09	53	01:12:08	00:00:00	00:15:39	3861,00
45	49	Makuch Aleksandra	Warszawa	TM IRON Te		4	K6	2	00:22:43	45	00:01:08	00:34:34	33	00:01:21	00:12:25	59	01:12:11	00:00:00	00:15:42	3858,00
46	74	Semieniuk Paweł	Św Włodawa	GKK Peletr		42	M6	7	00:23:55	53	00:01:52	00:33:51	21	00:01:11	00:11:40	45	01:12:29	00:00:00	00:16:00	3840,00
47	38	Kołodziej Mariusz	Cyców	Łycówbłę		43	M9	1									01:12:55	00:00:00	00:16:26	3814,00
48	61	Nizio Rafał	Bilgoraj			44	M3	2	00:23:34	50	00:00:57	00:36:01	42	00:00:46	00:11:44	48	01:13:02	00:00:00	00:16:33	3807,00
49	4	Bazela Jacek	Chełm	Orzeł Srebr		45	M5	10	00:20:42	20	00:00:52	00:40:11	61	00:01:20	00:10:00	14	01:13:05	00:00:00	00:16:36	3804,00
50	52	Mazurek Paweł	Teodorów			46	M7	13	00:21:21	31	00:01:19	00:39:51	60	00:01:23	00:10:39	26	01:14:33	00:00:00	00:18:04	3716,00
51	79	Szewczyk Mateusz	Sulejów	Sushi TEAM		47	M5	11	00:22:39	43	00:01:57	00:36:57	49	00:01:56	00:11:16	42	01:14:45	00:00:00	00:18:16	3704,00
52	29	Horszczuruk Jacek	Warszawa	Jożni z Bażi		48	M9	2	00:24:10	54	00:01:05	00:35:57	41	00:01:57	00:11:51	50	01:15:00	00:00:00	00:18:31	3689,00
53	82	Troczewski Jacek	Biała Podlaska	Relentless M		49	M8	9	00:23:14	49	00:01:06	00:37:50	52	00:01:23	00:11:42	47	01:15:15	00:00:00	00:18:46	3674,00
54	33	Jedziński Kamila	Warszawa	Kolarskie		5	K3	2	00:24:12	55	00:00:47	00:37:12	50	00:00:54	00:12:34	60	01:15:39	00:00:00	00:19:10	3650,00
55	30	Iwańczak Magdalena	Radom			6	K3	3	00:24:35	57	00:01:17	00:36:55	48	00:01:06	00:12:17	55	01:16:10	00:00:00	00:19:41	3619,00
56	32	Jaworski Piotr	Adamów	V-max Ada		50	M6	8	00:22:53	47	00:01:02	00:39:46	58	00:01:02	00:11:50	49	01:16:33	00:00:00	00:20:04	3596,00
57	39	Kołodziejczyk Jakub	Adamów			51	M3	3	00:20:41	19	00:00:53	00:44:15	72	00:00:49	00:10:19	21	01:16:57	00:00:00	00:20:28	3572,00
58	8	Bogusław Łukasz	ŁÓDŹ	Dawaj Kala		52	M6	9	00:26:37	65	00:01:28	00:36:20	44	00:01:49	00:12:56	62	01:19:10	00:00:00	00:22:41	3439,00
59	75	Skoczek Albert	Lublin	Lubelska G		53	M2	2	00:22:38	42	00:01:28	00:43:03	70	00:01:15	00:10:53	33	01:19:17	00:00:00	00:22:48	3432,00
60	25	Golba Anna	Adamów	Relentless		7	K8	1	00:24:26											

